

Beans-Legumes



Green mung beans
(*Vigna radiata*)



Alavese pinto bean
(*Phaseolus vulgaris*)



Yellow split lentils
(*Lens culinaris*)



Adzuki beans
(*Vigna angularis*)



Navy beans
(*Phaseolus vulgaris*)



Lima bean
(*Phaseolus lunatus*)



Green lentils
(*Lens culinaris*)



Yellow kidney beans
(*Phaseolus vulgaris*)



Soybean
(*Glycine max*)



Heirloom bean
(*Phaseolus vulgaris*)



Whole red lentils
(*Lens culinaris*)



Black turtle beans
(*Phaseolus vulgaris*)



Cranberry beans
(*Phaseolus vulgaris*)



Hyacinth beans
(*Lablab purpureus*)



Painted Pony bean
(*Phaseolus vulgaris*)



Black-eyed bean
(*Vigna unguiculata*)



GastroDoxs
defenders of the digestive system

Beans-Legumes



Green peas
(Pisum sativum)



Chickpeas
(Cicer arietinum)



Beluga lentils
(Lens culinaris)



Laird green lentils
(Lens culinaris)



Yellow split peas
(Pisum sativum)



Speckled kidney beans
(Phaseolus vulgaris)



Puy lentils
(Lens esculenta puyensis)



Red split lentils
(Lens culinaris)



Fava bean
(Vicia faba)



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