



Moviprep Bowel Preparation

General Instructions	
2 Weeks Before the Procedure	
Foods	No change
Liquids	Drink plenty of water
Medications	Hold - GLP1 Agonist Medication: <ul style="list-style-type: none">• Dulaglutide (Trulicity)• Exenatide (Byetta)• Exenatide Extended Release (Bydureon BCise)• Liraglutide (Victoza)• Lixisenatide (Adlyxin)• Semaglutide (Ozempic, Wegovy, Rybelsus)• Tirzepatide (Mounjaro)



1 Week Before the Procedure	
Foods	<p>No Nuts or Seeds - berries, cashews, corn nuts, peanuts, pecans, popcorn, walnuts</p> <p>Low Fiber Diet</p> <ul style="list-style-type: none">• Foods - white bread, cheese, eggs, yogurt• Soups - clear vegetable, chicken or beef broth• Vegetables - cooked without skin like mashed potatoes• Fruits - pureed fruits without skin like applesauce
Liquids	<p>Drink plenty of water</p>
Medications	<ul style="list-style-type: none">• Take as usual unless otherwise instructed• Hold - Anti-Diarrheal Medication - Imodium, Kaopectate, Pepto-Bismol• Hold - Iron Tablets• Hold - Multivitamins• Pharmacy<ul style="list-style-type: none">○ Fill or buy preparation medication○ Pick up 3 days before your procedure



1 Day Before the Procedure	
Foods	<ul style="list-style-type: none">• Clear Liquid Diet• Soups - clear vegetable, chicken or beef broth• Juices - clear only without pulp
Liquids	<ul style="list-style-type: none">• Drink plenty of water• No alcohol• No red or purple colored drinks
Medications	<ul style="list-style-type: none">• Hold - Oral Diabetes Medication• Insulin - Take ½ the dose the entire day• Blood Pressure Medication - The pre-anesthesia team (PAT) will instruct you on how to take your blood pressure medications.• All other medications - continue as normal
Procedure Day	
Foods	No food or liquids the day of the procedure



Medication Instructions	
Attention	
Expected Symptoms Do not stop the bowel preparation	<ul style="list-style-type: none">• Abdominal Pain• Bloating• Cramps• Diarrhea• Gas• Nausea
First Dosage → 4pm – 6pm	
Step 1 4pm – 5pm	<ul style="list-style-type: none">• Mix 1st set of Pouch A & Pouch B with water into the disposable container to the fill line• Drink 32 ounces of solution
Step 2 5pm – 6pm	Drink 16 ounces of water
Second Dosage → 10pm – 12am	
Step 1 10pm – 11pm	<ul style="list-style-type: none">• Mix 2nd set of Pouch A & Pouch B with water into the disposable container to the fill line• Drink 32 ounces of solution
Step 2 11pm – 12am	Drink 16 ounces of water
12am	
Foods	No food or liquids after midnight