



**GastroDoxs**  
— defenders of the digestive system —

# Endoscopic Retrograde Cholangiopancreatography ERCP

Area Examined & Treated	
<b>Area</b>	Biliary System

The Procedure	
Endoscopic Retrograde Cholangiopancreatography ERCP	
<b>Diagnostic</b>	<ul style="list-style-type: none"><li>• ERCP is an endoscopic procedure used to identify the presence of stones, tumors, or narrowing in the biliary &amp; pancreatic ducts</li><li>• ERCP can also help find cancer or non-cancerous lesions</li><li>• After the endoscope with x-ray is properly placed, a catheter is advanced which will inject a contrast agent through the ducts</li><li>• ERCP can help diagnose problems following gallbladder surgery</li></ul>

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<b>Therapeutic</b>	<ul style="list-style-type: none"><li>• Gallstones can be removed from the bile duct &amp; sometimes from the pancreas</li><li>• ERCP to put in a small plastic tube called a “stent” if your bile duct is blocked</li><li>• ERCP can help treat problems following gallbladder surgery</li></ul>
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<b>Before Your Procedure</b>	
<b>Schedule Your Procedure</b>	
<b>Appointment</b>	Schedule your procedure appointment with GastroDoxs by phone @ 832-632-4070 or in the office
<b>Location</b>	<ul style="list-style-type: none"><li>• A procedure location will be suggested based on your insurance &amp; geographic area</li><li>• Please refer to the locations page on our website</li></ul>
<b>Insurance</b>	Our team will obtain the required insurance prior authorization, if needed
<b>Financial</b>	GastroDoxs provider fees will be collected upon scheduling your procedure



<b>Orders</b>	Our team will send your procedure orders to the surgery center
<b>Transportation</b>	<ul style="list-style-type: none"><li>• Do not plan to drive after your procedure</li><li>• You must have someone 18 years old or above to drive you home</li><li>• No Uber   Lyft   Cab</li></ul>
<b>Changes</b>	To cancel or reschedule, call or text GastroDoxs @ 832-632-4070
<b>Register with the Surgery Center</b>	
<b>General</b>	A representative from the hospital or surgery center will call you to discuss the registration process, time & location of your procedure
<b>Clinical</b>	<p>The pre-assessment testing team will discuss the following:</p> <ul style="list-style-type: none"><li>• Clearance if necessary</li><li>• Medical History</li><li>• Medications</li><li>• Pre-anesthesia questionnaire</li><li>• Surgical history</li></ul>

<b>Financial</b>	<ul style="list-style-type: none"><li>• Hospital, anesthesia &amp; pathology fees are independent from GastroDoxs</li><li>• The other fees not related to GastroDoxs are to be discussed directly with the other providers, hospital or surgery center</li><li>• If you have not heard from the financial representative 24 hours before your procedure, call them at that time</li></ul>
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Clearance	
<b>Cardiac</b> <b>Hematology</b> <b>Neurology</b> <b>Pulmonary</b>	<ul style="list-style-type: none"><li>• You may need a clearance if you have high risk conditions requiring clearance</li><li>• You may need a follow-up with your Doctor or Provider before they can issue a clearance</li><li>• Our team will send your Doctor or Provider a clearance request from our office</li><li>• Once our team has your clearance on file, we will call you to schedule your procedure</li><li>• You may need a clearance if you are on blood thinners or these medications<ul style="list-style-type: none"><li>○ Apixaban   Eliquis</li><li>○ Clopidogrel   Plavix</li><li>○ Dabigatran   Pradaxa</li><li>○ Edoxaban   Savaysa</li><li>○ Prasugrel   Effient</li><li>○ Rivaroxaban   Xarelto</li><li>○ Ticagrelor   Brilinta</li><li>○ Warfarin   Coumadin &amp; Jantoven</li></ul></li></ul>



<b>Medications</b>	
<b>2 Weeks Before</b>	<p>Hold - GLP1 Agonist Medication:</p> <ul style="list-style-type: none"><li>• Dulaglutide (Trulicity)</li><li>• Exenatide (Byetta)</li><li>• Exenatide Extended Release (Bydureon BCise)</li><li>• Liraglutide (Victoza)</li><li>• Lixisenatide (Adlyxin)</li><li>• Semaglutide (Ozempic, Wegovy, Rybelsus)</li><li>• Tirzepatide (Mounjaro)</li></ul>
<b>1 Week Before</b>	<ul style="list-style-type: none"><li>• Hold &gt; Anti-Diarrheal Medication - Imodium, Kaopectate, Pepto-Bismol</li><li>• Hold &gt; Iron Tablets</li><li>• Hold &gt; Multivitamins</li></ul>
<b>1 Day Before</b>	<ul style="list-style-type: none"><li>• Hold &gt; Oral Diabetes Medication</li><li>• Insulin &gt; Take ½ the dose</li></ul>
<b>Procedure Day</b>	<p>Blood Pressure Medication &gt; as instructed by the pre-assessment team</p>
<b>Other</b>	<ul style="list-style-type: none"><li>• Continue to take your medications unless specified below</li><li>• Blood thinners will require a clearance on file before scheduling</li><li>• The pre-assessment team (PAT) will review your medications &amp; may make other recommendations also</li></ul>



Diet Instructions	
<b>1 Day Before</b>	<ul style="list-style-type: none"><li>• Stop - All food after 12am - midnight</li><li>• Stop - All liquids after 12am – midnight</li></ul>
<b>Procedure Day</b>	No food or liquids on the procedure day

Procedure Day	
<b>Diet</b>	No food or liquids on the procedure day
<b>Arrival</b>	<ul style="list-style-type: none"><li>• Please ensure you arrive 1-1.5 hours before your procedure</li><li>• You will check in at registration when you arrive</li></ul>
<b>Pre-Procedure</b>	<ul style="list-style-type: none"><li>• The clinical team will go through the clinical assessment as well as risks &amp; benefits of the procedure</li><li>• The anesthesia team will explain all aspects before the procedure</li><li>• Consent forms the procedure will need to be signed</li></ul>



<b>Sedation</b>	<ul style="list-style-type: none"><li>• An intravenous line will be inserted into your arm to administer medication</li><li>• You will be given intravenous sedation medication during the procedure</li></ul>
<b>Position</b>	You will be instructed to lie on the left side with your knees up to your chest
<b>Visualization</b>	After sedation, the endoscope with x-ray is inserted through the mouth & gently advanced to visualize the biliary pancreatic ducts
<b>Diagnostic</b>	<ul style="list-style-type: none"><li>• If any diagnostic tissue samples or biopsies are required it can be obtained through the endoscope with x-ray during the procedure</li><li>• Biopsies may be taken</li></ul>
<b>Therapeutic</b>	<ul style="list-style-type: none"><li>• If intervention is required, it will be done during the procedure</li><li>• Stones, strictures may be removed &amp; photographs may be taken</li></ul>





<b>Pathologist</b>	<ul style="list-style-type: none"><li>• Biopsies are tissue samples that are reviewed by a Pathologist under the microscope</li><li>• The Pathologist will determine the nature of the tissue samples</li><li>• The Pathologist will send the reports to our office</li></ul>
<b>Follow-Up</b>	<ul style="list-style-type: none"><li>• Our providers will review the report in detail</li><li>• The findings will be reviewed with you in detail upon follow-up</li></ul>

After Your Procedure	
<b>Recovery</b>	<ul style="list-style-type: none"><li>• You will be under observation for 30 minutes to monitor for any symptoms</li><li>• You will be awake within 30 minutes but may still be groggy for 12-24 hours</li><li>• Do not plan to drive the remainder of the day after your procedure</li></ul>
<b>Transportation</b>	<ul style="list-style-type: none"><li>• Do not plan to drive after your procedure</li><li>• You must have someone 18 years old or above to drive you home</li><li>• No Uber   Lyft   Cab</li></ul>



<b>Symptoms</b>	<p>Normal post procedure symptoms:</p> <ul style="list-style-type: none"><li>• Bloating</li><li>• Gas</li><li>• Slight abdominal pain</li><li>• Some diarrhea</li><li>• Weakness</li></ul> <p>Abnormal post procedure symptoms:</p> <ul style="list-style-type: none"><li>• Bleeding</li><li>• Excessive vomiting</li><li>• Fever &gt; 100</li><li>• Severe abdominal pain</li><li>• Any other severe or unusual symptoms</li><li>• Please call 911 &amp; go to the nearest emergency room</li></ul>
<b>Appointment</b>	<p>Ensure that you have a follow-up 2-3 weeks after the procedure</p>
<b>Results</b>	<ul style="list-style-type: none"><li>• Your results will be discussed in detail</li><li>• Treatment recommendations will be given</li></ul>
<b>Questions</b>	<p>Call or text GastroDoxs @ 832-632-4070</p>